

Autumn/Winter Menu 2011-12

Key Stage 1 Pupils: Main Meal & Dessert - £2.20 • Key Stage 2 Pupils: Main Meals & Desserts - £2.35 • (v) Suitable for vegetarians

Please circle option 1, 2 or 3 plus A or B

Name _____
 Class _____
 Stage 1 £2.20 Stage 2 £2.35
 AMOUNT PAID _____
 Please tick the method of payment
 Cheque Cash

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 Stage 1 £2.20 Stage 2 £2.35
 AMOUNT PAID _____
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Week 1

Week 2

Week 3

MONDAY

- Spaghetti with Turkey Meatballs in Tomato Sauce **1**
- Bean & Jacket Potato (V) **2**
- Tuna Mayonnaise Salad **3**
- Vegetable choice: Sweetcorn, Peas & Carrots
- Apple Shortbread with Icing (V) **A**
- Fresh Fruit (V) **B**

TUESDAY

- Baked Gammon with Gravy **1**
- Cheese & Tomato Flan (V) **2**
- Egg & Cress Salad **3**
- Vegetable choice: Fresh Cauliflower, Fresh Cabbage & Roasted Potatoes
- Goosey Chocolate Pudding (V) **A**
- Fresh Fruit (V) **B**

WEDNESDAY

- Creamy Chicken & Sweetcorn Pie **1**
- Vegetable Ravioli (V) **2**
- Cold Baked Gammon Salad **3**
- Vegetable choice: Green Beans, Fresh Carrots & Mashed Potatoes
- Oaty Fruit Crumble with Custard (V) **A**
- Fresh Fruit (V) **B**

THURSDAY

- Roast Beef with Gravy **1**
- Roasted Vegetable Crumble (V) **2**
- Salmon & Cucumber Salad **3**
- Vegetable choice: Fresh Broccoli, Fresh Swede & Roasted Potatoes
- Fruit Muffin (V) **A**
- Fresh Fruit (V) **B**

FRIDAY

- Birds Eye Fish Fingers **1**
- Spanish Omelette (V) **2**
- Cheddar Cheese Salad (V) **3**
- Vegetable choice: Baked Beans, Peas & Chips
- Jam Tart with Custard (V) **A**
- Fresh Fruit (V) **B**

MONDAY

- Bacon & Tomato Pasta & Garlic Bread **1**
- Vegetable Korma With Rice (V) **2**
- Tuna & Sweetcorn Mayonnaise Salad **3**
- Vegetable choice: Sweetcorn, Peas & Carrots
- Viennese Tart with Custard (V) **A**
- Fresh Fruit (V) **B**

TUESDAY

- Roast Chicken with Gravy with Crispy Roast Potatoes or New Potatoes **1**
- Macaroni Cheese (V) **2**
- Cheese & Apple Salad (V) **3**
- Vegetable choice: Fresh Broccoli Fresh Carrots
- Lemon Iced Finger (V) **A**
- Fresh Fruit (V) **B**

WEDNESDAY

- Beef Lasagne **1**
- Mild Vegetable Chilli Jacket (V) **2**
- Roast Chicken Salad **3**
- Vegetable choice: Garden Peas, Mixed Salad
- Fruit Yoghurt (V) **A**
- Fresh Fruit (V) **B**

THURSDAY

- Roast Pork with Gravy **1**
- Cheese & Lentil Flan (V) **2**
- Tuna Pasta Salad **3**
- Vegetable choice: Cauliflower, Green Cabbage & Roasted or Boiled Potatoes
- Pineapple Sponge & Custard (V) **A**
- Fresh Fruit (V) **B**

FRIDAY

- Cod in Wholemeal Crumb **1**
- Homemade Cheese & Tomato Puff (V) **2**
- Egg Mayonnaise Salad (V) **3**
- Vegetable choice: Baked Beans, Peas & Chips
- Chocolate Drizzled Flap jack (V) **A**
- Fresh Fruit (V) **B**

MONDAY

- Homemade Cheese & Tomato Pizza (V) **1**
- Baked Bean & Cheese 'Yorkeys' (V) **2**
- Tuna & Spring Onion Mayonnaise Salad **3**
- Vegetable choice: Garden Peas & Mixed Salad.
- Garlic & Herb Potato Wedges
- Strawberry Mousse (V) **A**
- Fresh Fruit (V) **B**

TUESDAY

- Roast Gammon with Gravy **1**
- Vegetable Pasta Bake (V) **2**
- Cheese Jacket (V) **3**
- Vegetable choice: Fresh Cabbage, Fresh Carrots & Roasted or Boiled Potatoes
- Eves Pudding with Custard (V) **A**
- Fresh Fruit (V) **B**

WEDNESDAY

- Sausage & Red Onion Gravy **1**
- Spinach & Potato Bake (V) **2**
- Ham Salad **3**
- Vegetable choice: Sweetcorn, Mixed Vegetables & Mashed Potatoes
- Creamy Rice Pudding (V) **A**
- Fresh Fruit (V) **B**

THURSDAY

- Roast Chicken with Gravy **1**
- Broccoli Cheese Crunch (V) **2**
- Egg & Cress Salad **3**
- Vegetable choice: Fresh Cauliflower, Green Beans & Roasted or New Potatoes
- Mandarins in Orange Jelly (V) **A**
- Fresh Fruit (V) **B**

FRIDAY

- Birds Eye Fish Fingers **1**
- Spanish Omelette (V) **2**
- Cheddar Cheese Salad (V) **3**
- Vegetable choice: Baked Beans, Peas & Chips
- Jam Tart with Custard (V) **A**
- Fresh Fruit (V) **B**

MAKE ALL CHEQUES PAYABLE TO: