PSHE

Subject

LG: Can I describe how the boys' and girls' inside bodies change when growing up and how I feel about it ?

What does the word puberty mean?

True or false?
Girls and Boys body go through the same changes.

Next week – Keeping ourselves clean

PSHE

The Oak Partnership

Key Vocabulary:

- *Puberty*
- *Male*
- *Female*
- *Testicles*
- *Scrotum*
- *Sperm*
- *Penis*
- *Ovaries*
- *Egg*
- *Ovum/Ova*
- *Womb/Uterus*
- *Vagina*

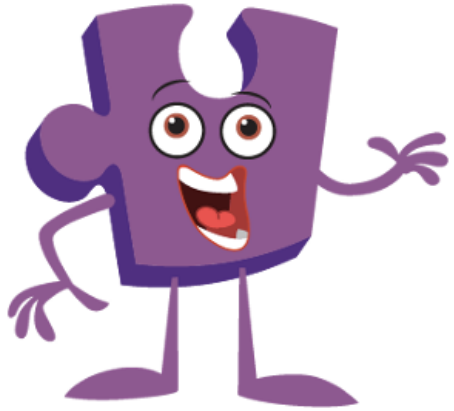
Emotion Vocabulary:

- *Excited*
- *Nervous*
- *Curious*
- *Unsure*
- *Frightened*
- *Anxious*

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Piece 3



Inside Body Changes

with Jigsaw Jino

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PSHE Rules

- You can always pass a question if you do not feel comfortable.
- We must respect each other.
- We will support each other.
- We will listen.
- Respect the privacy
- Name the correct parts for the body



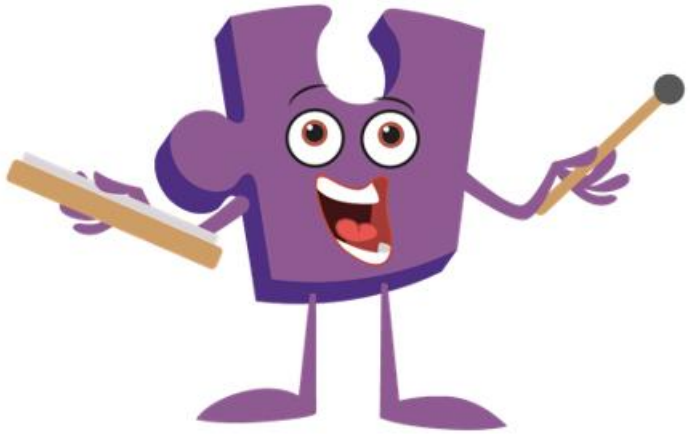


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Parent/Child pairs

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Calm Me

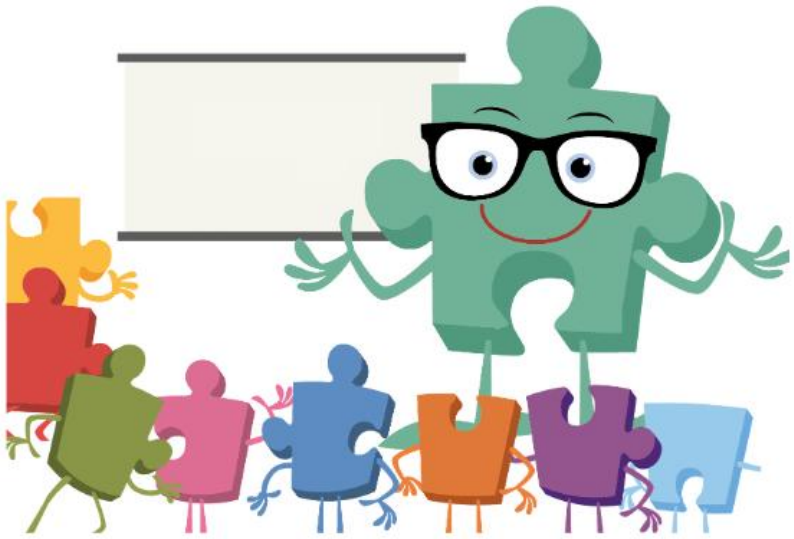
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Share our ideas

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Where does new life start from?

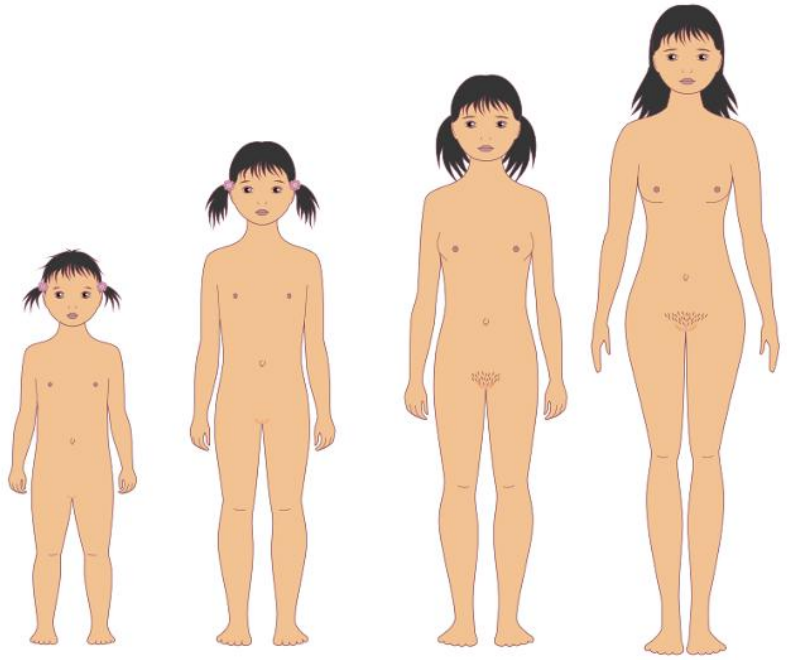
When have you seen a new-born life – either an animal or a baby?

What's different about the hen's egg and the frog sperm compared to how other animals have babies?

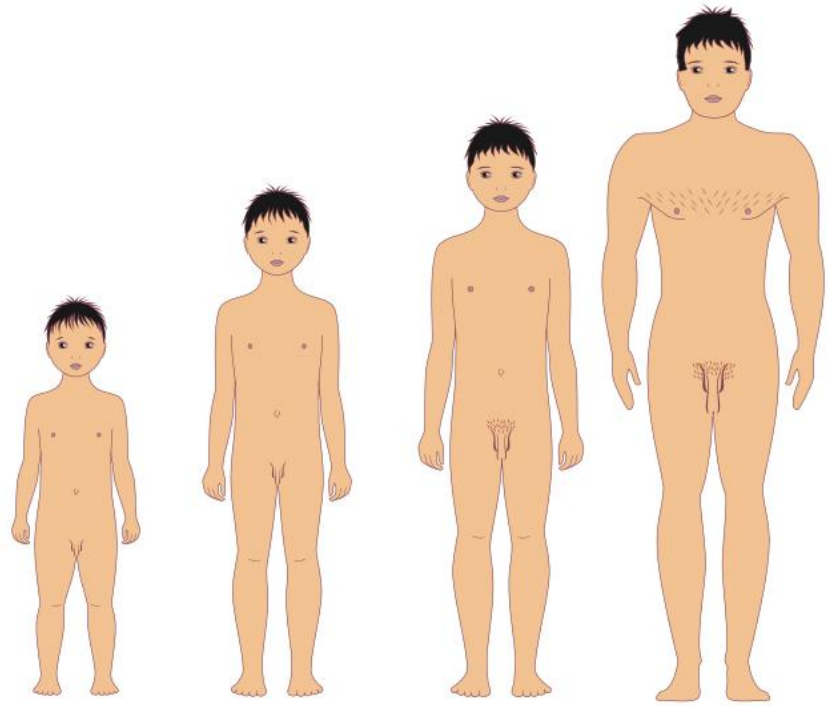








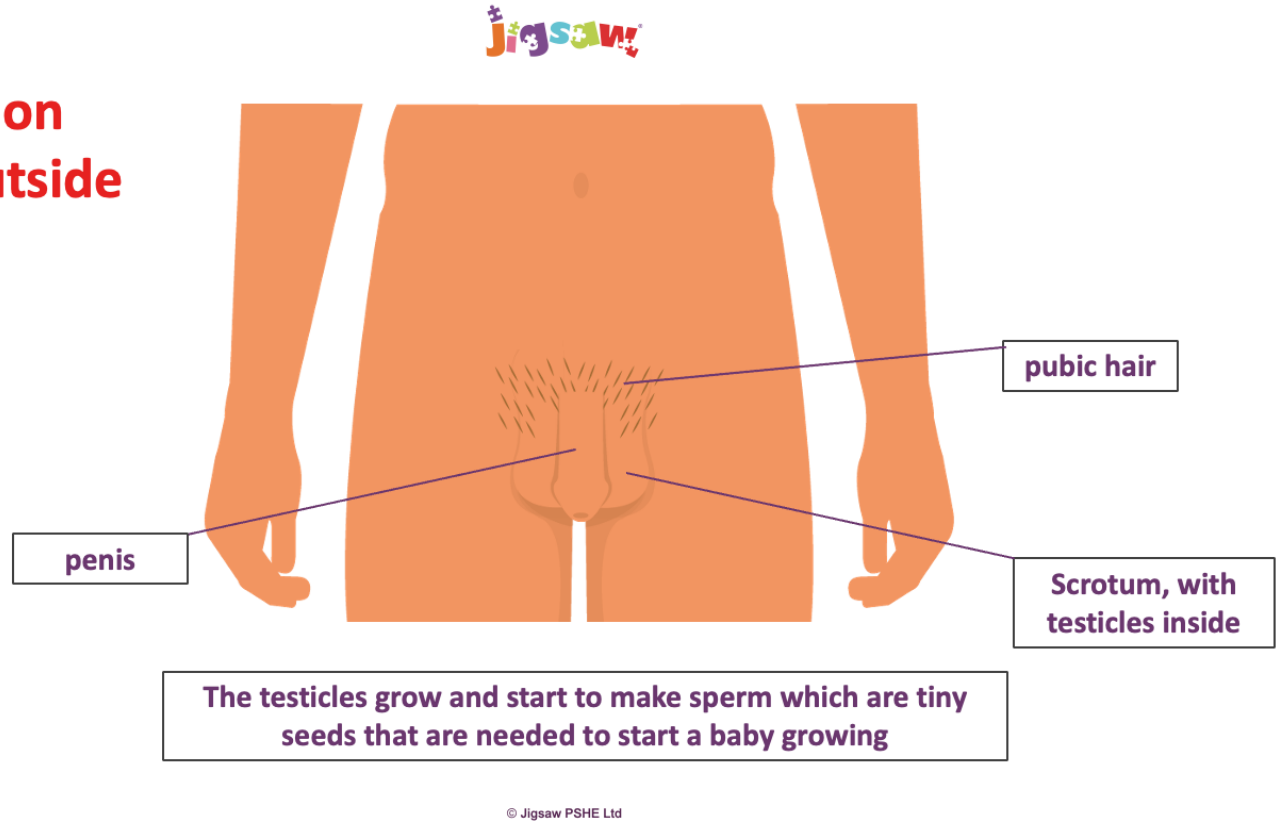
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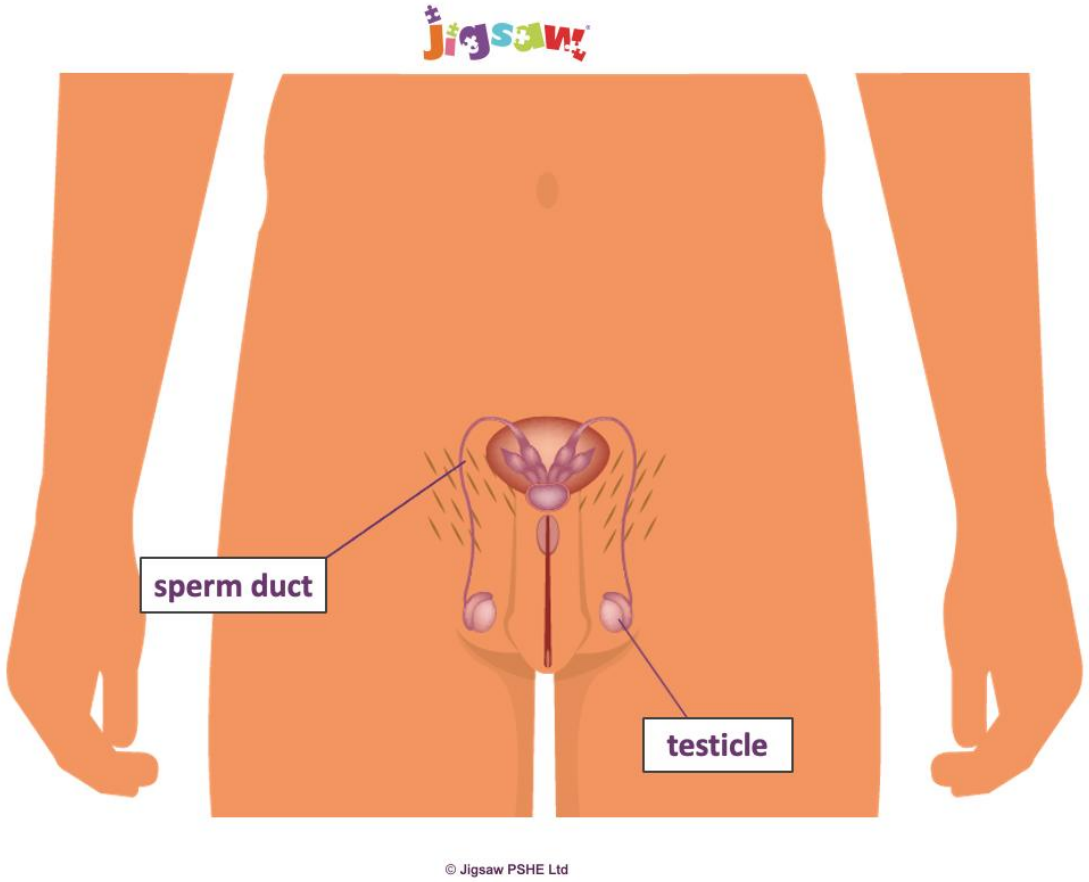
How are our bodies going to change on the inside?

Male: on the outside



During puberty a boy's penis will grow bigger. His testicles also grow and start to make sperm which are tiny seeds that are needed to start a baby growing.

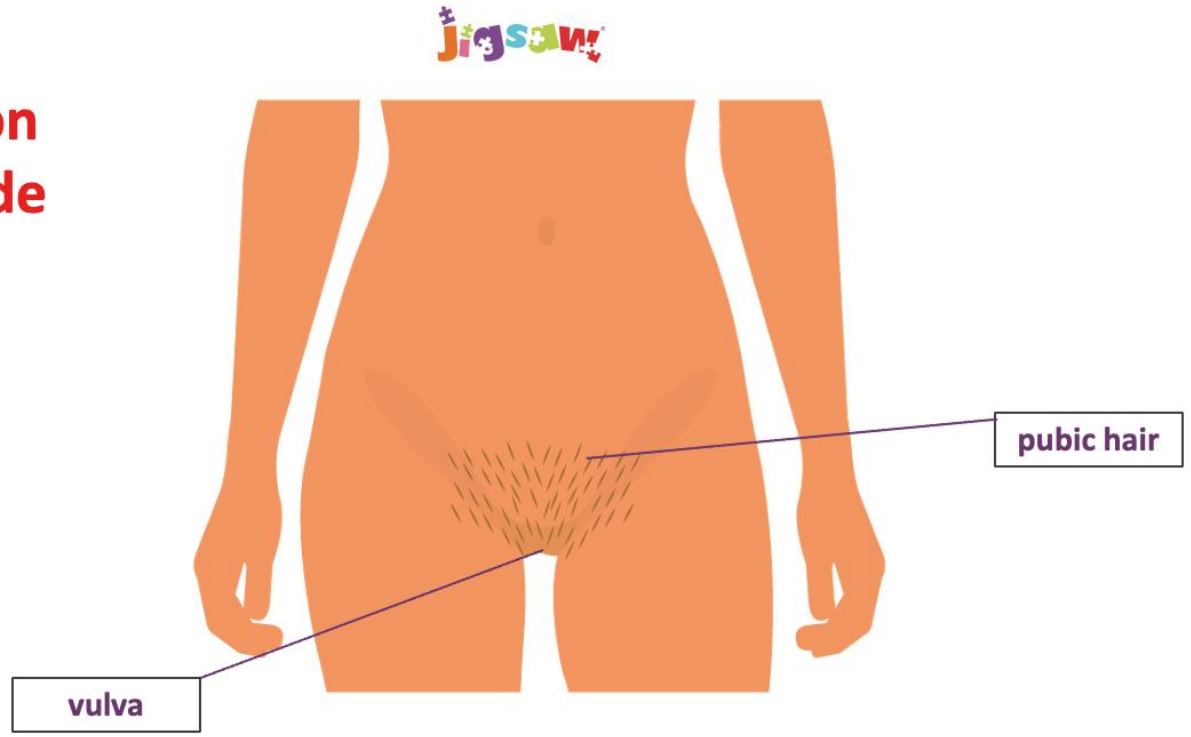
Male: on the inside



The different part of the internal male reproductive system: testicles in the scrotum, the sperm ducts that take sperm to the penis, where sperm can be released.

It is the sperm that are needed to make a baby inside the mother's body

Female: on the outside



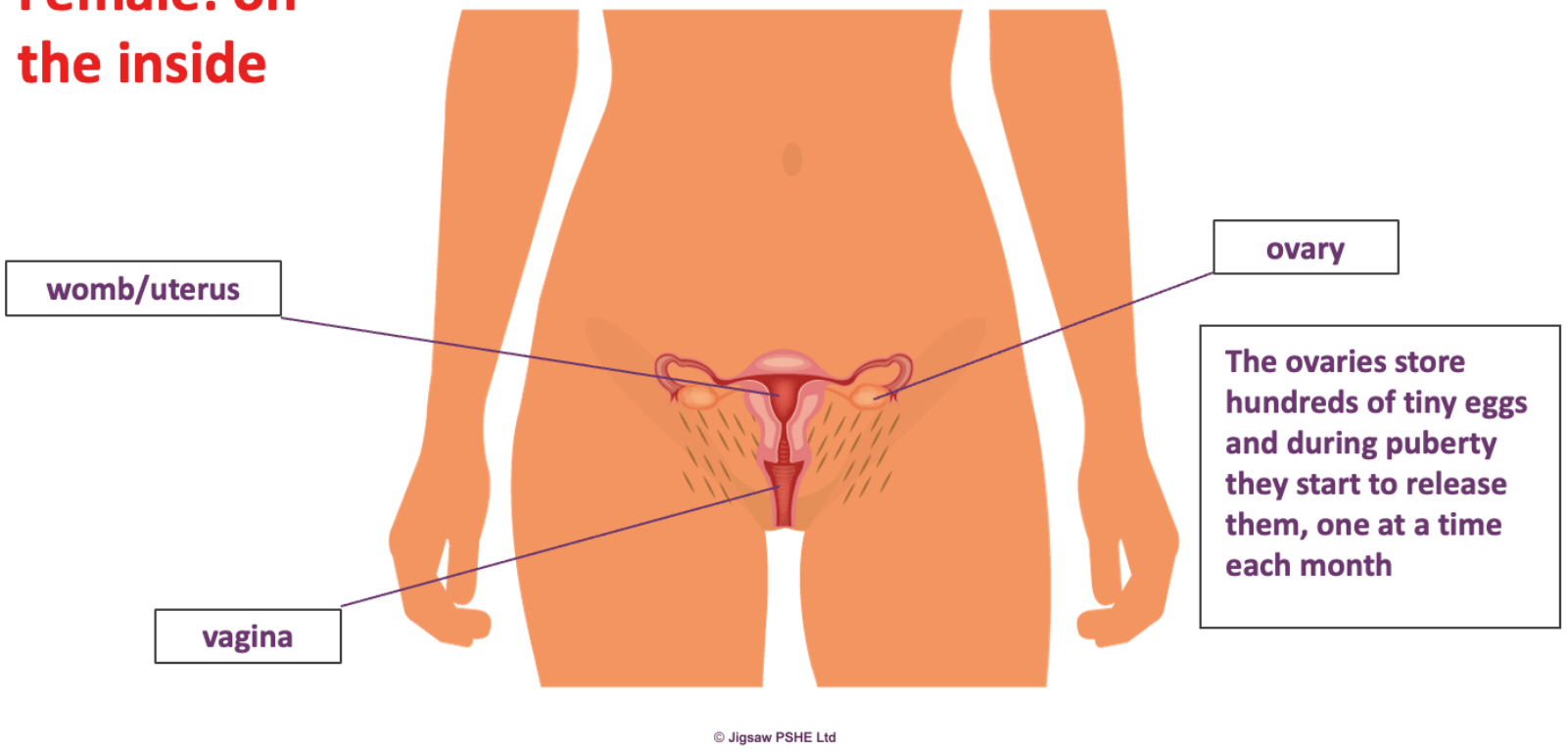
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With the female reproductive system, there is less to see on the outside.

There are two openings that females have which are covered by the vulva.

These are the urethra, which lets urine out and the vagina, which leads to the womb and the other internal reproductive structures.

Female: on the inside



two ovaries, womb and vagina

The girl's ovaries store hundreds of tiny eggs and during puberty they start to release them, one at a time each month.
Girls are born with all these eggs inside their ovaries (called ova) waiting for puberty to start.
It is these tiny eggs that are needed to make a baby along with the sperm from a male.





When do all these changes (puberty) start?

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How do I feel about these changes?



Are there any other words you would use?

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Task

PSHE: Changing Me

Component: 3

L.G.: Can I describe how the boys' and girls' bodies change on the inside when growing up and how I feel about it?

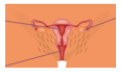
Inside Body Changes

On our journey to adults, our bodies will change shape and grow bigger on the outside. At the same time wonderful things are happening on the inside.

1. Boys have bogs of skin between their legs which holds the t_ _ _ _ _ _ _ _.
2. The bag of skin is called the s _ _ _ _ _ _.
3. These grow bigger and start to make s _ _ _ _, tiny seeds which are needed to start a baby.
4. When they are needed, these seeds are released through the p _ _ _ _.
5 Inside a girl, low down between her hips, are two o _ _ _ _ _ _.
6. Stored inside these are lots of tiny e _ _ _.
7.They start to be leased, on time, into a tube that leads to the w _ _ _.

This is a warm, safe space where a baby will grow if the egg joins with a sperm.

8.The womb is connected to an opening between the girl's legs by a passage called the v _ _ _ _ _.

ovaries	sperm	vagina	testicles	eggs	womb	penis	scrotum
							

Choose one of the sentence starters and complete the sentence!

I feel great about growing up because …

I feel a bit worried about growing up because …